

# Promotoras

## Promotoras de Salud: Community Health Promoters



The Promotoras de Salud Program (Community Health Promoters), under the direction of the [Community Health Nurse](#), brings health education to the growing population of Latino families in our area. All Promotoras have received leadership and development training in addition to extensive training on particular health topics that are prevalent in the Latino community. The Promotora use these skills and knowledge to lead small group presentations and health discussions with members of their community.

Classes are offered at the Community Resource Center (CRC) as well as at other locations in the community in both English and Spanish. Topics include Diabetes/Nutrition, Well Child, Breast Feeding Support and Domestic Violence Prevention. Classes are sponsored by Northwest Community Hospital and POC with assistance from many valuable partners. If you are interested in taking a class, call 847-776-9559 and ask to speak with the Community Health Nurse.

For Prenatal Support and Breastfeeding Classes or to speak

with a Breastfeeding Peer Counselor in Spanish call  
847-776-9559.