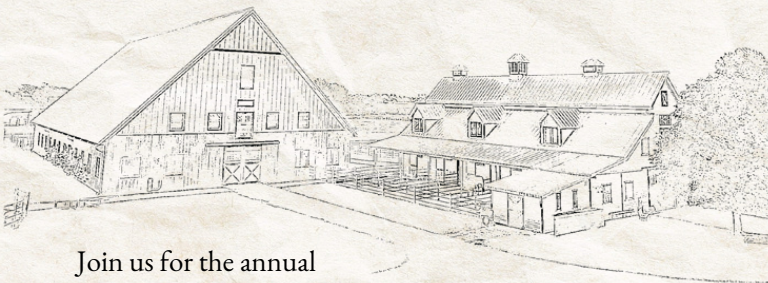




INVITES YOU TO RECONNECT IN THE NATURAL  
BEAUTY OF SOULFUL PRAIRIES TO SUPPORT  
WOMEN'S EMPOWERMENT PROGRAMMING



Join us for the annual

## FARM-*to*-TABLE

*Dinner*

**Saturday, September 17 | 4 o'clock**

SOULFUL PRAIRIES FARM

4706 ALDEN ROAD WOODSTOCK, ILLINOIS

\$175 per person | Purchase at [poc.news/farm](http://poc.news/farm)

This year's Farm-to-Table Dinner features Chef Zachary Dolezal, chef & owner of Duke's Alehouse and Kitchen in Crystal Lake. Duke's is a 3 star green certified eco-conscious gastropub offering gourmet comfort foods, sandwiches and burgers utilizing sustainably sourced ingredients from McHenry County's best farms. For this dinner Duke's will be sourcing ingredients from many local farms, but most notably Sunfleck Farms at Soulful Prairies.

Soulful Prairies Farm is a sustainable 80-acre farm owned & operated by Linda Bruce, a social worker, philanthropist, and Equine Gestalt Practitioner. The Farm offers visitors a safe environment to explore the Equine Gestalt process while hosting private events. Learn more at [soulfulprairies.com](http://soulfulprairies.com).